

**Next Council Meetings:
21 October and 18 November 2024 at 10am in the Council Chambers**

From the General Manager - John Brown

The changing nature of our population is something we might not take much notice of, people that we know move away for various reasons and new faces appear and we may see some of them particularly if they move into our street. Tasmania's leading demographer Dr Lisa Denny has recently undertaken a detailed review of the Break O'Day population for the Council and there were both some interesting and alarming facts. Overall our population will continue to grow over the next 30 years though at a modest rate of about 24 people per year which is a lot lower than what we have seen over the last 5 years. What is alarming is how the age profile of our population is going to change. Within 30 years, the number of people aged over 85 years is going to increase from 183 people today to 786 people comprising 10.1% of our total population. During that time the amount of children (0-14yrs) will decline from 12% of our population to just 9%. Critical to trying to address this is the need to attract and retain working age individuals, couples and families. Often access to quality schooling and education is a high priority for working families along with access to affordable childcare and MySchool data regarding enrolments and completions provides some sobering figures about the local situation. As part of the work that Dr Denny has done with the Council there will be an online presentation on 14 November with the opportunity for questions. Interested community members are encouraged to register at Eventbrite. For more information email admin@bodc.tas.gov.au or keep an eye out on our Facebook page for updates.

A Day of Wellbeing in Break O'Day

FESTIVAL OF WELLBEING

Get ready for the Festival of Wellbeing, happening on Thursday, 10 October, from 11am to 4pm at the Bendigo Bank Community Stadium in St Helens. Join in a celebration of wellbeing and community connection and great news - it's all FREE. If you're in Fingal Valley, you can hop on a free bus to join the fun. This event is all about celebrating the best of Break O'Day and finding fun, meaningful ways to take care of yourself and others. Check out the different festival stalls and, if you visit 6 or more, you could win a \$100 Golden Ticket to spend with one of our amazing Wellbeing Champions! There will be tasty food for sale, a community BBQ, a juice bar (gold coin donation), or bring a picnic if you prefer. Try a variety of workshops like yoga, pilates, mindfulness, or try fitness classes and health checks. Get creative with art activities, and bring the kids along to the Kids Corner. Enjoy games, kindness treasure hunts, and more!

WELLBEING SUMMIT

As part of the Break O'Day Community Wellbeing Project, we're hosting a FREE Wellbeing Summit on 1 November at the Panorama Hotel from 10am to 2pm. Are you passionate about making Break O'Day a place where everyone truly LOVES to LIVE? This is your chance to be part of the conversation. Come share your ideas, meet new people, and help spark actions that can make a real difference. Plus, there's seed funding available to help bring your ideas to life! Childcare and transport support are available, so just let us know if you need this when you register. Be sure to sign up by 16 October to save your spot! For more information, call 6376 7900 or email wellbeing@bodc.tas.gov.au. Let's work together to create the community we all aspire to be part of! This project is proudly funded by the Tasmanian Community Fund, the Mental Health Council of Tasmania, and Break O'Day Council.

Mates, Mental Health, and Sausage Sangas



Photo: Mates supporting mates. Community and volunteers come together to enjoy a chat and a bbq.

Recently, The Man Walk and Mr Perfect invited community members to come together for a chat and a BBQ here in St Helens. It was a small gathering, but the connections made were invaluable. With wellbeing a strong part of our Council's mission, we hope this event inspires more regular catch-ups for the men in our community. It's all about creating a supportive space where everyone feels comfortable to connect and share. A big shout out to the men who turned

up for a walk, a talk, and of course, some tasty sausage sangas! And special thanks to the amazing volunteers: Brett Bugeja, Owen Wild, and Jamie Coad, who ensured everything went off without a hitch.



Celebrating Volunteering in Break O'Day

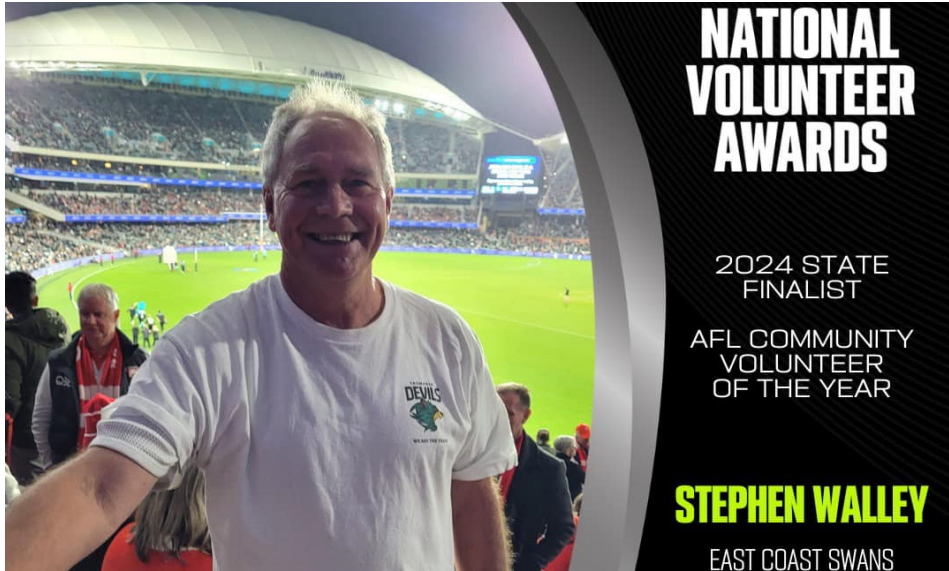


Photo courtesy of AFL Tasmania: Steve Walley was named as Tasmania's state finalist for the AFL Community Volunteer of the Year.

We are thrilled to congratulate Stephen Walley for being named Tasmania's state finalist in the 2024 Toyota AFL Community Volunteer of the Year Awards! Stephen has become a pillar of the Break O'Day community, especially through his leadership of the East Coast Swans since becoming president in 2017. Under his guidance, the club has thrived—achieving impressive milestones, including combining senior and junior teams, increasing

junior and female participation, expanding the volunteer base, launching the annual heritage match at Pyengana, and significantly boosting the club's community presence. His leadership has shaped the future of the club and football on the East Coast, and we are all incredibly grateful for his dedication. Local clubs like the East Coast Swans thrive because of dedicated volunteers like him.

St Helens History Room - New Exhibition

St Helens History Room is delighted to present its latest exhibition entitled – 'The Earth Provides – A Retrospective'. The exhibition displays an array of amazing arts and crafts created by the late Elizabeth Verschoyle of St Helens. Consisting mainly of her range of sculptural ceramics, the exhibition also contains Beth's foray into a multitude of mediums including textile arts

and natural dyeing, basket weaving, paper making and book making. The exhibition is the result of this very generous donation from Beth to the St Helens History Room. The exhibition will be on display for at least three months so come in and see the wide ranging talent that is the Verschoyle Collection.

FREE Hazardous Waste Collection

Do you have old chemicals, cleaners, solvents, or pesticides cluttering up your home? Don't toss them in your regular bin—it's not safe! Circular North is offering FREE hazardous waste collections across northern Tasmania. In Break O'Day, you can drop off your hazardous waste at the St Helens Waste Transfer Station during the following times:

2nd November 2024 1:30 – 4:00 pm

This free program, coordinated by the Northern Tasmanian Waste Management Partnership, makes it simple to safely get rid of household hazardous waste.

Take advantage of this opportunity to keep your home and the environment safe! More information at

www.nrmnorth.org.au/circularnorth

IN BRIEF

TEST YOUR RECYCLING KNOWLEDGE FOR YOUR CHANCE TO WIN

Recycle Coach invites you to take part in their Annual Recycling Knowledge Survey. Not only will you get to test your recycling smarts with a fun picture quiz and five survey questions, but you'll also have a chance to win a \$25 gift card for completing the survey on the app.

Why download the Recycle Coach app?

- Get reminders about your upcoming waste and recycling collection so you never forget to put your bins out!
- Learn more about proper recycling practices to help keep our community clean and eco-friendly.

Just download the Recycle Coach app on your mobile device. Complete the Recycling Knowledge Survey and you'll automatically be entered to win a \$25 gift card (*app only*)!

Don't have the app? You can also visit www.recyclecoach.com to participate.

Survey closes 31 October 2024

DEER SCAN - FERAL DEER

If you see any deer, report them and the damage they cause with DeerScan – www.deerscan.org.au. Getting them on the map will help with management of this growing problem.

GARAGE SALE TRAIL - CLEAR OUT, CASH IN!

Sign up to host a garage sale in Break O'Day or register to shop garage sales near you.

Registration is FREE! We have partnered with the Garage Sale Trail to help reduce landfill waste. Make a buck or save some pennies on reused items over two big weekends.

9-10 & 16-17 November 2024

Garage Sale Trail
9-10 NOV
16-17
Clear Out and Cash in!
Host a garage sale this November.
Register for free garagesaletrail.com.au

HAVE YOUR SAY

Community Engagement Updates

Aquatic Facility - Community Sessions

Council is conducting a feasibility study to assess the possibility of constructing an aquatic facility in the area. The study aims to answer key questions about whether the facility is viable, where it could be located, and how it would be funded.

Otuim Planning Group, the consultants for the study are running sessions for

the community's ideas and input on the project.

Drop in to one of the community sessions to share your ideas and input.

Tuesday 29 October

9-10.30am Portland Hall, St Helens

5-6.30pm, Main Hall, St Marys

Wednesday 30 October

12.30-2pm Sports Complex, Scamander

New Accessible Toilets and Upgrades



Photo: Scamander Bowls Club representatives & Lewis Richie, Councils Building Maintenance Officer.

The Council partnered with the Scamander Sports Complex Committee to install new toilets at the Complex, ensuring all users, including those with disabilities, have access to toilet facilities. The new amenities will also include a baby change table and space for changing. A collaborative approach was adopted for this project with the

Scamander Bowls Club beginning work on installing a new shade structure for the bowls green, along with additional concrete pathways. This project is a great example of how the community, volunteers, and Council can work together to deliver valuable improvements for everyone.

Youth Voice to Council

If you're aged 12-25, we want to hear from you. Your voice is crucial in shaping our future.

Want to make a difference in your community or have something to say about young people in Break O'Day? For more information or to get involved visit our Community Engagement page at www.bodc.tas.gov.au/ Let's continue building connections and working together for a better Break O'Day.



WHAT'S ON

Spring School Holiday Program - Big Bang Fun

4 & 7 October 10.30-11.30am

Join the St Helens Library for an exciting science session with fun experiments for kids age 8-12 years. Limited numbers. Bookings via Eventbrite. For more information call 6387 5600.

Memoir Writing Workshop

5 October Saturdays 10-12pm

Unlock your creativity with a 6-week writing course created by Lisa McCarthy.

Cost \$120 for 6 weeks/\$110 for BODRA members. You can also join the Writers Hub at one of their monthly meetings held the 2nd Saturday of every month at St Marys Community Hub. For bookings and more information contact bodregionalarts@gmail.com

School Holiday Fun

7 & 10 October

Lego & games, pizza making, art activities & more. FREE 8-12 years. No bookings required but you must register for St Marys session on the day. 7 October - 11-3pm St Marys Town Hall. 10 October - 11-4pm Festival of Wellbeing, Bendigo Bank Stadium. More information call Tanya 0400 002 116 or email buildingblocks@fvnh.org.au

LGBTIQA+ Forum

9 October 1.30-5pm

Focusing on Disability and Embracing Diversity: Join the Kentish Regional Clinic at Portland Hall, St Helens for presentations from lived experience speakers, discussions on inclusive services, & the latest research on the LGBTIQA+ community. Afternoon tea included. Get tickets at Humanitix.

Services Australia Mobile Service Centre

17-18 & 21-22 October

Visit the Mobile Service Centre to find out about Australian Government payments and services.

17 October - 9-4pm Marina Parade, St Helens

18 October - 9-4pm Bridge Esplanade, Scamander

21 October - 9.30-4pm Talbot Street, Fingal

22 October - 9-4pm Main Street, St Marys

Point & Shoot Australian Veteran Photography Exhibition

Thursday 7 November 4-8pm

Integrating veteran experiences into the community. One evening only at Bendigo Bank Community Stadium, St Helens. Information at www.pointassist.com.au

LOCAL MARKETS

St Helens - Every Saturday

Location alternates between the Portland Hall and the Visitor Information Centre Carpark.

St Marys - First Saturday of the month

Held at the St Marys Hall.

Council Works Reports

STORM EVENT

The recent storm primarily resulted in trees falling across the municipal road network, parks, and reserves, damaging some infrastructure. The works team stopped counting at 1500 trees. Council and contractors have stepped up for clean-up activities, which has taken several weeks.

Our priority within the first week of the clean-up was to reopen roads, which involved cutting fallen trees and pushing debris to the road verges for later collection. The majority of this work has been completed with some residual tidy up required.

Damage is anticipated to be around \$200,000, more information will be available in the October council meeting.

ROADWORKS

Council will be undertaking road reconstruction on an uneven/rough section of Mangana road approximately 1km from the Mangana township starting the week of 30 September, the site will be under traffic management for the duration of the works which is anticipated to take approx. 2-3 weeks for the construction component then the site will remain as a gravel section under reduced speed conditions until ready for sealing in early summer.

WEED MANAGEMENT

- **St Helens**
Spanish heath

Please note - The Weed Control Officer was on leave during August.

DOG STATISTICS 27/06/2024 - 04/08/2024

Urban Patrols = 11
Beach Patrols = 7
Infringements = 0
Unregistered Dog = 1
Impounded dogs = 1

Weed of the Month - blackberry

Blackberry is well known for its sweet fruit late in summer and habit of developing into impenetrable thorny thickets. Blackberry is a widespread Declared weed in Tasmania, with several species now recognised.

It does best in open and disturbed places with reasonable moisture such as in bush, along streams and roads, fence lines and neglected areas. Being a berry its seed is spread by birds and other animals. It also spreads by sprouting from canes touching the ground, roots or its crown or lignotuber, which is packed with buds, being moved about.

While small seedlings can be pulled and dug, mature plants become more difficult. If left to develop into large thickets it is much harder to kill crowns

and roots and its starts to have significant impacts. A number of chemical, manual and cultivation treatments can be used and should be integrated in a well thought out control plan.

Because the fruit is commonly eaten, do not apply any herbicides to blackberry plants that are carrying fruit.

Find out about blackberry and other invasive weeds at nre.tas.gov.au/invasive-species/weeds



Shore Bird Reminder

Shore bird breeding season has started, this means there are protocols in place to help keep them safe. Keep an eye out for these signs with information on how you can visit the beach while helping protect these birds.



Have you got bridal creeper in your backyard?

This aggressive environmental weed smothers vegetation and is spread by birds eating its berries. It's a threat to our coast and often occurs in backyards under trees and along fence lines.

The Bridal Creeper in Tasmania project is working in Break O'Day and can help. Use the online form link below to find out more about this weed and to register bridal creeper in your backyard and interest in getting help with it in October. <https://www.surveymonkey.com/r/VPWSDTY>

DISCOVER BREAK O' DAY: Attractions, History & More!

Visit the **St Helens Visitor Information Centre & History Room** for ideas on what to do in St Helens and surrounds and explore our local history!

OPEN 7 DAYS A WEEK

Located at 61 Cecilia Street, St Helens, behind the Library

(03) 6376 1744

sthelensvic@bodc.tas.gov.au



Friendly Advice and Historical Insights Await